

Bullying & Harassment Essentials

NEW ONLINE TRAINING



This is an e-learning course.
Registration on this course will last 12 months.

£17 + VAT per delegate

Brief Overview of Course

Sadly, for many people, **the workplace can be just as intimidating as the playground**. A third of UK employees report having been bullied at work, and over two thirds say they've seen a colleague being bullied or harassed.

While we'd like to think we could handle bullies better as adults, it's not always that straightforward. Unfair treatment comes in many forms, and isn't always obvious. Identifying this type of behaviour, and being aware of what can be done about it, is the first line of defence against bullying and harassment at work.

This course will help you recognize bullying and harassment in your workplace and provides guidance on how to challenge unfair treatment.

By the end of the course, you should be able to:

- Determine what constitutes bullying and harassment and how it's regulated under the law
- Recognise the impact bullying has on individuals and organisations
- Identify types of bullying behaviour that may exist in the workplace
- Explain what you and your employer can do to prevent bullying at work
- Follow correct procedure should you or a colleague experience bullying or harassment in your workplace.

This course takes 35 minutes to complete.

To Book: Complete the standard EALC booking form and send to **training@ealc.gov.uk** who will then register you with Nimble. Once processed you will receive joining instructions and your Council will then be issued with an invoice.