

First Aid Essentials

NEW ONLINE TRAINING



This is an e-learning course.
Registration on this course will last 12 months.

£17 + VAT per delegate

Brief Overview of Course

This course aims to increase your awareness of how to provide first aid in some of the most common emergency scenarios in the workplace.

Please note: This course won't make you a qualified first aider

This course addresses some basic first aid responses to common accident and medical emergency situations that you might face in a [low-risk workplace](#). It includes a range of interactive activities, including video exercises, so keep your headphones handy!

This course takes 50 minutes to complete.

By the end of this course, you should be able to:

- Identify first aid support measures available in your workplace.
- Call for an ambulance and be prepared for the questions they'll ask.
- Recognise common medical emergencies and injuries that could occur in a lower-risk workplace.

Apply basic first aid principles if someone became suddenly ill or injured at work

To Book: Complete the standard EALC booking form and send to **training@ealc.gov.uk** who will then register you with Nimble. Once processed you will receive joining instructions and your Council will then be issued with an invoice.